



Weight Loss Results

	LifeShape 3		LifeShape 3+		LifeShape 6		LifeShape 9		Lifeshape 12	
	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Number of People	149	464	80	196	445	808	303	611	297	617
Average starting weight	83.3	83.9	86.9	86.5	95.2	94.4	102.6	101.8	126.4	125
	Average weight loss (% of initial body weight)									
1 month	2.7 (3.2%)	4.2 (5.1%)	3.5 (4.0%)	5.0 (5.8%)	4.7 (4.9%)	4.8 (5.1%)	4.5 (4.4%)	4.6 (4.5%)	6.8 (5.4%)	6.4 (5.1%)
3 months	6.9 (8.3%)	6.2 (7.4%)	8.6 (9.9%)	7.0 (8.1%)	9.5 (10.0%)	9.4 (10.0%)	10.5 (10.2%)	10.3 (10.1%)	13.2 (10.4%)	11.7 (9.4%)
6 months	-	-	-	-	12.8 (13.4%)	12.1 (12.8%)	13.0 (12.7%)	13.3 (13.1%)	17.9 (14.2%)	16.4 (13.1%)
9 months	-	-	-	-	-	-	14.7 (14.3%)	14.9 (14.6%)	20.9 (16.6%)	19.2 (15.4%)
12 months	-	-	-	-	-	-	-	-	21.7 (17.2%)	16.8 (13.4%)

Data: January 2000 - April 2014



Wesley
LifeShape Clinic